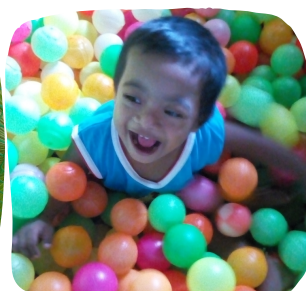
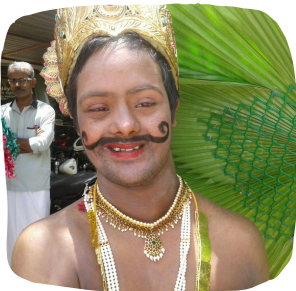




# SHANTHI NILAYAM ANNUAL REPORT 2020-21



## ABOUT SHANTHI NILAYAM

Shanthi Nilayam is a social organisation working for education and rehabilitation of Intellectual disabled children since 1993 at Paruthivilai, Kanyakumari District, Tamilnadu, started by the Sisters of Adoration of the Blessed Sacrament under the guidance of Kanyakumari Social service society of Diocese of Thuckalay, following the vision of our heavenly Patron Mar Thomas



Kurialacherry, who had very high ideals about the education of women and children, the poor and the less fortunate people in society. Shanthi Nilayam was legally registered on 20th July 1998 under the Tamilnadu Societies Registration Act (1975). 300 intellectual disabled children and their families from rural and semi-urban areas of Kanyakumari district in Tamilnadu are benefitting from this organisation.

## OUR VISION

Develop the potential of each individual and stretch it to the maximum.

## OUR MISSION

To draw out the best in each person through progressive training and therapies, thereby improving the quality of life of deprived children.

## OBJECTIVES OF THE ORGANISATION

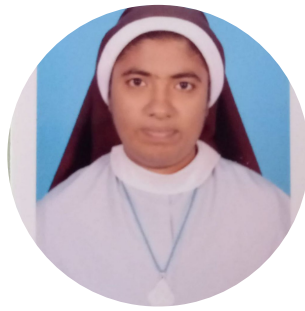
- To identify the need of intellectually challenged children of various stages.
- To provide multi-disciplinary intervention facilities with the guidance of Qualified Professionals.
- To enable the children to develop independence through digital training and employment facilities.
- To empower and support the intellectually challenged people to exercise their rights.
- To protect the human rights and maintain the dignity of intellectually challenged people and to obtain a rightful place for them in the family and society.



## BOARD MEMBERS



Sr. Annis Theresa M Jacob  
**President**



Sr. Lissamma Chandy  
**Vice President**



Sr. Betty Mathew  
**Secretary**



Sr. Jisha Thomas  
**Treasurer**



Sr. Leelamma Jacob  
**EC Member**



Sr. Litty  
**EC Member**



Sr. Vimala  
**EC Member**

## KEY OUTCOMES & IMPACT OF THE YEAR

- 10 Vocational trained students are being placed in different agencies such as mechanical shops, helpers in hospitals, office assistants, helpers in medical stores, vehicle cleaning etc.
- 15 students were admitted to Regular schools in 2020-2021 through Mainstream Education Programme.
- 6 students have got passed in 10th Exam. They have applied for higher studies in technical Institutions.
- Through Physiotherapy, children are able to stretch their limbs and remain fit. It has improved the mobility of children in running and walking. General health of the children is improved and physical fitness is increased.
- Speech therapy has developed confidence in students to speak or at least to utter words. Students have developed their skills in verbal and nonverbal communication.
- The children have been infused with self-confidence and a sense of satisfaction of being useful in one way or the others.
- Through the Organization development programme staff have developed their management and teaching skills through the online training programme.

## NEW INITIATIVES DEVELOPED

### Play Therapy Unit

Play therapy unit was newly constructed in Santhi Nilayam school with the support of Er.S. Cyril (Ideal Constructions) the President, Rotary club of Sub Urban, Nagercoil.



The inauguration ceremony of the play therapy unit was held on 8/11/2020 by the District Governor of Rotary Club, Rtn. Murugadoss, in the presence of major donor Gr. V. Shunmugam, Sugadev, and other Rotarians. This unit functions to assess and develop the sensory, functional and motor activities of development delayed children.

### Website & Youtube

Shanthy Nilayam launched its website & youtube channel. The website is well updated for providing current information to the beneficiaries and stakeholders. Youtube channel is maintained by our staff and videos of various activities and programmes are uploaded on a monthly basis.

### FM Radio Programme

One of our school teachers Mrs Jesy shared her experience on FM Radio during the “Sathanaiyalar Neram” Programme. she also created awareness on Early identification of Intellectual Disability.

### Online Training Programme

Special Educators from both schools participated in RCI approved online CRE programme. We also organized various training programmes for our staff to develop their skills in special education and management. Teachers conducted online training classes for our students and parents.



## Covid-19 Relief Work

Both schools distributed Food materials to Disabled children's families during the covid-19 lockdown period. Nearly 50 poor and most vulnerable families were identified and supported through food package (10 kg Rice, Groceries, eggs and fruits,). Our staff made Mask at home and distributed them to disabled children families. We provided Counselling service during Covid -19 lockdown period to Parents who had depression problems and were hard in handling Intellectual disable children at home received counselling over the phone. Since the hyperactive children were uncontrollable at home. It was a great challenge for the parents in handling these children at home. Our staff visited the houses of needed children's families and provided psychosocial counselling to the parents



## Organizational development Programme

Niranthara is an Organizational development Training programme of the Dhvani Foundation. This programme aims to improve the efficiency, productivity and sustainability of NGOs through specially designed workshops modules followed by field support, assessment and governance engagement. Specific training is provided to Ngo leaders, CFM (Compliance and Finance Manager), Fundraising manager and Programme manager. Workshops were conducted for board members to strengthen governance.



## DETAILS OF PROGRAMS IN 2020-21

### Early Intervention Centre

The children with delayed milestones are identified at the earliest and necessary intervention techniques are used to enable them to achieve a normal life. It consists of children from 0-6 age. The aim of this programme is to improve the mental and physical capacity of each one, by giving therapy and training.



This makes the body active by stimulating the 5 senses. Many of these children are unable to speak, walk & see. Different therapies like speech and audiovisual are very essential to make these children better. 54 children are benefited from the early intervention programme. Children are divided and cared by special educators based on 1:8 ratio of the children. Tamilnadu Government's is providing financial assistance through the Commissionerate of Welfare of the Differently Abled, Chennai. Our District Differently Abled Welfare officer provide timely assistance and guidance for the implementation of the programme. Since covid-19 threatened children not to come Centre these children were supported by our staff through house visits and guided through WhatsApp and telephonic conversation.



## Special School Programme

Children above 6 to 18 years, who could not cope with the regular school curriculum, join in the special school programme, where they learn, functional skills, basic academic skills, Personal & Social skills. Children are categorised according to their IQ level and grouped as Caregroup, Pre-Primary, Primary, Secondary, Pre-Vocational categories. These children get physiotherapy, speech therapy and occupational therapy along with the training to develop Co-curricular activities like sports, Dance, Music, Painting & Colouring, Swimming, etc. Due to the pandemic situation, during this academic year children were guided online.



## Vocational Training

Above 18 Years of children are given Pre-Vocational Training and then they are trained in vocational trades like Photo frame making, Phenol making, Paper cover making star-making, tailoring, handkerchief making, art and craftwork to become an independent and self-reliant individual to lead a life with dignity. We thankfully appreciate their co-operation and support.



## Autism Training Unit

Children who are found with autism features are grouped separately and special trainings is planned to provide continuous training like Special education, sensory integration, speech and language therapy, occupational Therapy, Physiotherapy, Music therapy, play therapy, Hydro therapy, sand therapy and Behaviour Modification therapy. Tamilnadu Government is supporting for autism children through Chief Ministers Comprehensive Health Insurance Scheme. We have nearly 40 autistic students. Currently, 21 students, age 4 to 15 years, are getting benefited through this scheme



## CBR (Community Based Rehabilitation Centre)

Shanthi Nilayam developed 10 sub-centres in Kanyakumari district with the support of TDH Netherland. As the project got over in 2013 we handed over the sub-centres to the CBOs to run the centres. Local benefactors provide the necessary care and facilities to run the CBR centre successfully.



## MEDICAL INTERVENTIONS

### Speech Therapy

Speech Therapy is the most important part of intervention services for children with developmental disabilities for their cognitive and social development. Apart from having intellectual challenges, they also have associated speech problems in the articulation of speech, social communication and social interaction. Speech therapy is given by the trained speech therapist and children are getting improvement.



## Physiotherapy

Physiotherapy is conducted regularly for our children. The main aim of this therapy is to reduce their physical deformities and increase their mobility. Children who were unable to walk in the beginning stage are able to walk after coming to our institution. Children show interest to get physiotherapy. Parents also are happy to send their children to school.



## Occupational Therapy

Occupational therapy is given to help the students to increase their functional independence in daily life. Periodical assessment is conducted by Occupational therapist. Through this therapy, students have benefited in general activities of daily living, sensory processing issues. Children with autism spectrum disorder have shown improvement in their eye-hand coordination and Visual perception activities.



## Medical Check Up

Medical check-up is conducted for the children and medicines are provided for the diagnosed children. Parents are advised to give medicine regularly at home. Our medical team takes care of the children when they are having any health problems.



## Guardianship

Guardianship is one of the schemes of the National Trust, Ministry of Social Justice and Empowerment Government of India, which provides a legal power to guardian to take all legal decisions on behalf of the person and the property of the Intellectually disabled children. 36 students above 18 years old got Guardianship certificates last year, through District local level committee





## NIRAMAYA Health Insurance Scheme

Niramaya is a Health Insurance scheme of the National Trust, Ministry of Social Justice and Empowerment Government of India. 30 Intellectual Disabled students are enrolled under this Niramaya scheme.

## HOME BASED INTERVENTION PROGRAMME

The children who are unable to attend school due to severe retardation are given special attention and care, by the teachers. They go to each one's house and teach the parents how to take care of their child. The teachers also give awareness to their siblings. Through this, the mentality of the family members is changed and they start loving and accepting them as their own. The depressed parents find a ray of hope through this counselling.



## AWARENESS PROGRAMME

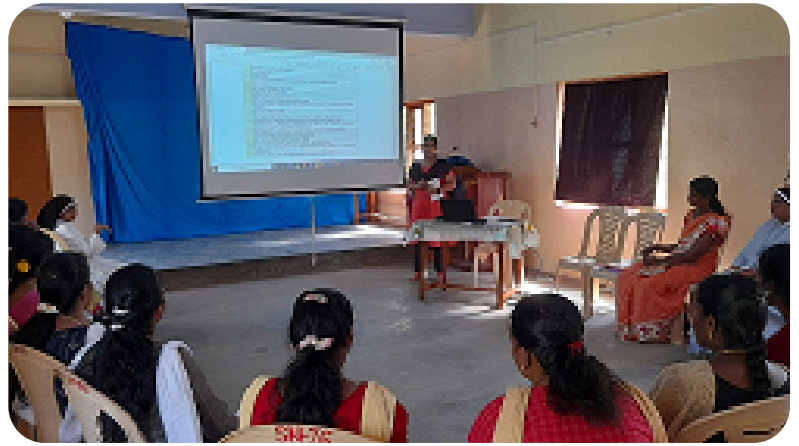
Awareness Programmes are conducted for the Nursing College Students, B.Ed College Students and art & science college students as a Social responsibility to reduce the birth of children born with Mental Retardation, especially to avoid marriages within their close relatives



and to take necessary precautions and regular check-ups to the pregnant mothers. The normal school students are also encouraged to come and spend a day with our Special Children to create an inclusive set-up in which they learn to treat our differently-abled children with due courtesy and respect and not to leave them if they find anything abnormal, but to accept them and support them to lead a near to normal life.



Teachers get guidance to create an action plan for every month. Teachers participate in CRE-Training Programme (Continued Rehabilitation Educational Programme) conducted in our district and other districts by NIEPMD (National Institute of Empowerment of the person with multiple Disabilities).



## AWARDS

### Best Teacher Award

Shanthi Nilayam school teacher Mrs Delecta Jesy received best Early Intervention teacher award from Tamilnadu Government, State Commissioner for the welfare of the differently-abled for the year 2019-20



## ACHIEVEMENTS

### 2020 SSLC Passouts



Abisha



Dinesh



Narayanan



Tenny Mershiya



Velshankar



Vishwa Harin

# LEARNINGS, CHALLENGES & FAILURES OF THE YEAR

## Learnings

- Digital exposure of students, teachers got improved
- Working with Niranthara brought new thinking and improved the quality of our organization
- Compliance & fundraising plays a vital role in the development of the organization
- Special Educators updated their knowledge by attending the Continuous Rehabilitation Education programme
- Learned to develop new strategy and methodology for teaching special children.

## Challenges & Failures

- Switching from the normal mode of teaching to digital mode was a big challenge we faced this year.
- We were unable to provide job placement during the year as planned.
- Maintaining financial stability was a big challenge during the Covid-19 Pandemic period.
- There was lack of regular intervention to beneficiaries due to covid lockdown.
- Unable to market the products made by disabled persons.
- We faced financial crisis to pay due salaries to teachers.
- As children are kept at home for a long period dependency ratio is increased.

## KEY FOCUS FOR THE YEAR 2021-22

- Construction of Auditorium Hall for Santhi Nilayam.
- Setting up smart classroom Autism Centre
- Organizing online classes for teachers and students.
- Providing Covid-19 Relief to our beneficiaries' families.
- Conducting awareness programme for school and college students through online mode.
- Starting Tailoring centre for disabled children's mothers in the rural community.
- Organizing fundraising events
- Home-based and Community -based interventions

# FINANCIALS

**SHANTHI NILAYAM**  
**REG. NO. 63/98 - PARUTHIVILAI**  
**CONSOLIDATED BALANCE SHEET AS AT 31.03.2021**

LIABILITIES		ASSETS	
CORPUS FUND	3,119,731.00	FIXED ASSETS	4,259,408.00
CAPITAL FUND	10,433,824.33	SALARY ADVANCE	644,800.00
UNSPENT GRANT	3,164.00	INCOME AND EXPENDITURE ACCOUNT	601,028.00
		TDS	90,614.00
		CASH AND BANK BALANCES	7,960,869.33
	<b>13,556,719.33</b>		<b>13,556,719.33</b>

NAGERCOIL  
19.06.2021

VIDE OUR REPORT ATTACHED  
for **FRANK & CO**  
Chartered Accountants



FRANKLIN FERNANDEZ FCA  
Membership No: 012517  
UDIN:21012517AAAAFU7604

**SHANTHI NILAYAM**  
**REG. NO. 63/98 - PARUTHIVILAI**  
**CONSOLIDATED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.2021**

EXPENDITURE	Rs. P	INCOME	Rs. P
To Food Refreshment Expenses	61,184.00	By Donation	1,029,513.00
* Building Maintenance	345,408.00	* Beneficiaries Contribution	24,000.00
* Electricity & Water Charges	16,348.00	* Contribution from Region	26,000.00
* Telephone Charges	25,311.00	* United India Insurance	349,125.00
* Vehicle Repairs & Maintenance	6,970.00	* Grant from Dhvani Foundation	66,000.00
* Printing & Stationery	18,096.00	* Subscription	190.00
* Society Registration	3,000.00	* Government Grant Received	504,000.00
* Salary & Wages	2,474,269.00	* Social Work	6,000.00
* Office Expenses	38,253.00	* Grant Received from the State	
* Travelling Expenses	4,431.00	Commission for the disabled Govt. of	
* Cultural Programme Expenses	36,607.00	Tamil Nadu 2020-2021	900,000.00
* Medical Checkup Expenses	19,427.00	* Salary Grant from Government	90,000.00
* Miscellaneous Expenses	17,623.00	* Bank Interest:	
* Scooty Fuel Expenses	7,730.00	Saving Interest	89,009.00
* Bolero fuel Expenses	104,811.00	FD Interest	315,921.00
* Teachers Meeting Expenses	1,754.00	* Excess of Expenditure over Income	634,123.94
* Postage Expenses	604.00	Transfer to Capital Fund	204,006.00
* Teachers Refreshment	54,706.00	Transfer from Unspent Grant	126.00
* Teaching materials	1,511.00		
* EPF & ESI Charges	217,865.00		
* Generator Expenses	739.00		
* BTK Celebration	75,000.00		
* School Van- tax	20,302.00		
* Dress materials	2,964.00		
* Donation & Presentation Charges	26,833.00		
* Bank Charges	1,209.94		
* Salary of Ayah	48,000.00		
* Vehicle Running Expenses	10,961.00		
* Gift & Presentation	3,000.00		
* Office Expenses	8,500.00		
* Depreciation	584,345.00		
	<b>4,237,761.94</b>		<b>4,237,761.94</b>

NAGERCOIL  
19.06.2021

VIDE OUR REPORT ATTACHED  
for **FRANK & CO**  
Chartered Accountants



FRANKLIN FERNANDEZ FCA  
Membership No: 012517  
UDIN:21012517AAAAFU7604

**SHANTHI NILAYAM**  
**REG. NO. 63/98 - PARUTHIVILAI**

**CONSOLIDATED RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31.03.2021**

RECEIPTS		PAYMENTS	
	Rs. P.		Rs. P.
<b>To OPENING BALANCES:</b>		<b>By Food Refreshment Expenses</b>	61,184.00
Cash in Hand	10,149.00	" Building Maintenance	345,408.00
With Indian Bank in S.B A/c		" Electricity & Water Charges	16,348.00
No:431571292	2,799,333.00	" Telephone Charges	25,311.00
With Indian Bank, Nagercoil in S.B		" Vehicle Repairs & Maintenance	6,970.00
A/c No:6201488213	235,637.00	" Printing & Stationery	18,096.00
With Indian Bank in S.B A/c		" Society Registration	3,000.00
No: 104301000035077	1,544.00	" Salary & Wages	2,474,269.00
With Indian Overseas Bank in S.B A/c		" Office Expenses	38,253.00
No: 19619 (25428)	30,168.77	" Travelling Expenses	4,431.00
With Indian Bank at Colachel in S.B		" Cultural Programme Expenses	36,607.00
A/c No: 99887982	1,420.00	" Medical Checkup Expenses	19,427.00
With Indian Bank in SB A/c		" Miscellaneous Expenses	17,623.00
No: 707437685	2,731.00	" Scooty Fuel Expenses	7,730.00
With Indian Overseas Bank in S.B A/c		" Bolero fuel Expenses	104,811.00
No: 870041343	253,814.50	" Teachers Meeting Expenses	1,754.00
	3,334,797.27	" Postage Expenses	604.00
<b>FIXED DEPOSIT:</b>		" Teachers Refreshment	54,706.00
With Indian Bank, A/c		" Teaching materials	1,511.00
No: 6649717369	1,100,000.00	" EPF & ESI Charges	217,865.00
No: 6729777758	750,000.00	" Generator Expenses	739.00
No: 6479220654	100,000.00	" BTK Celebration	75,000.00
No: 6872833833	400,000.00	" School Van- tax	20,302.00
No: 6482965455	50,000.00	" Dress materials	2,964.00
<b>With Indian Bank in Nagercoil</b>		" Donation & Presentation Charges	26,833.00
A/c No: 6149521534	150,000.00	" Bank Charges	1,209.94
A/c No: 6123957332	400,000.00	" Advance to Regional	700,000.00
A/c No: 6123867878	280,000.00	" Advance paid to EIC	200,000.00
A/c No: 6215858598	300,000.00	" Advance paid to Society	395,000.00
A/c No: 6123957525	400,000.00	" Salary of Ayah	48,000.00
A/c No: 6123957637	400,000.00	" Vehicle Running Expenses	10,961.00
A/c No: 61239557988	457,780.00	" Gift & Presentation	3,000.00
A/c No: 6123957819	400,000.00	" Office Expenses	8,500.00
A/c No: 6283359422	331,951.00		
" Donation	1,029,513.00		
" Beneficiaries Contribution	24,000.00	<b>" CLOSING BALANCES:</b>	
" Contribution from Region	26,000.00	Cash in Hand	821.00
" United India Insurance	349,125.00	With Indian Bank, Colachel in S.B	
" Grant from Dhwanil Foundation	66,000.00	A/c No: 99887982	1,463.00
" Subscription	190.00	With Indian Bank in SB A/c	
" Government Grant Received	504,000.00	No:707437685	2,814.00
" Advance Received from EIC	395,000.00	With Indian Bank in S.B A/c	
" Salary Advance Received	60,000.00	No:431571292	958,547.40
" Advance from Society	200,000.00	With Indian Bank in S.B A/c	
" Social Work	6,000.00	No: 104301000035077	1,552.46
" Grant Received from the State	-	With Indian Bank, Nagercoil in	
Commission for the disabled Govt. of	-	S.B A/c No: 6201488213	38,678.00
Tamil Nadu 2020-2021	900,000.00	With Indian Bank in S.B A/c	
" Salary Grant from Government	90,000.00	No: 870041343	403,520.50
			1,407,396.36
" Balance C/f	12,504,356.27	Balance C/f	4,948,416.94

Contd ...2



We accept, love and encourage the gifted children of God and make sure not to place "Dis" in the ability of the intellectually disabled

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## Our Compliance

- Valid Registration Certificate under TamilNadu Societies Registration Act 1975
- 80G Registration
- Valid 12A (a)
- Valid FCRA
- Valid Darpan ID
- CSR Registration
- TAN
- POSH Policy , Child Protection Policy , Finance Policy
- Registration under RPwD Act

## Bank Account Details

Name: SHANTHI NILAYAM

Account No: 431571292

Indian Bank, WCC Road Nagercoil

## FCRA Account

Name: SHANTHI NILAYAM

Account No: 40127560926

SBI NewDelhi Main Branch

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Address: Shanthi Nilayam Paruthivilai Erumbukadu  
Post, Nagercoil - 629 004 Kanyakumari District  
Tamilnadu, South India

+91 - 948 795 5883

santhi\_nilayam@yahoo.com

<http://santhinilayam.in/>